

Taringa Hoi *Glue Ear*



*Kia areare tonu
te taringa o tō
tamaiti*

*Your child's
hearing is
precious*

- ☺ Glue ear is a condition where the middle ear is filled with a glue-like fluid which normally contains air.
- ☺ It may stop children from hearing properly.
- ☺ It is usually painless, so you may not know your child has an ear problem.

Hearing check list

- ☺ Does your baby respond to sounds?
- ☺ Is your baby or toddler learning to talk?
- ☺ Does your toddler listen to stories or music?
- ☺ Does your toddler or child understand what you say?
- ☺ Is your child learning at preschool or school?

If you have concerns about any of these symptoms, ask your doctor or practice nurse to check for glue ear when you visit them. Glue ear can be treated and hearing restored.

*Kia kaha te arai
atu i te taringa hoi*
Help prevent glue ear

- ☺ Take your child for Well Child checks.
- ☺ Breastfeed if you can.
- ☺ Be smokefree.
- ☺ Reduce the risk of asthma and allergies:
 - keep your house dust free
 - keep rooms warm and dry
 - keep animals out of bedrooms.
- ☺ Finish using all the medicine prescribed for your child's ear problem even when the child seems better.

If you are worried about glue ear, ask:

- ☺ your doctor or practice nurse
- ☺ your community child health nurse
- ☺ a vision hearing technician
- ☺ your Māori community health worker.

For further advice or information call the Healthline 0800 611 116.

If you would like more information about glue ear and treatment:
see the 'Glue Ear - Taringa Hoi' pamphlet, Ministry of Health, Code 1414.



This resource is available from www.healthed.govt.nz or the Authorised Provider at your local DHB.
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