

# Get rid of Scabies

**Scabies** causes a very itchy rash.  
Tiny insects (mites) lay eggs under the skin.  
The skin gets small blisters with red patches around them.

**Anybody** can get scabies.

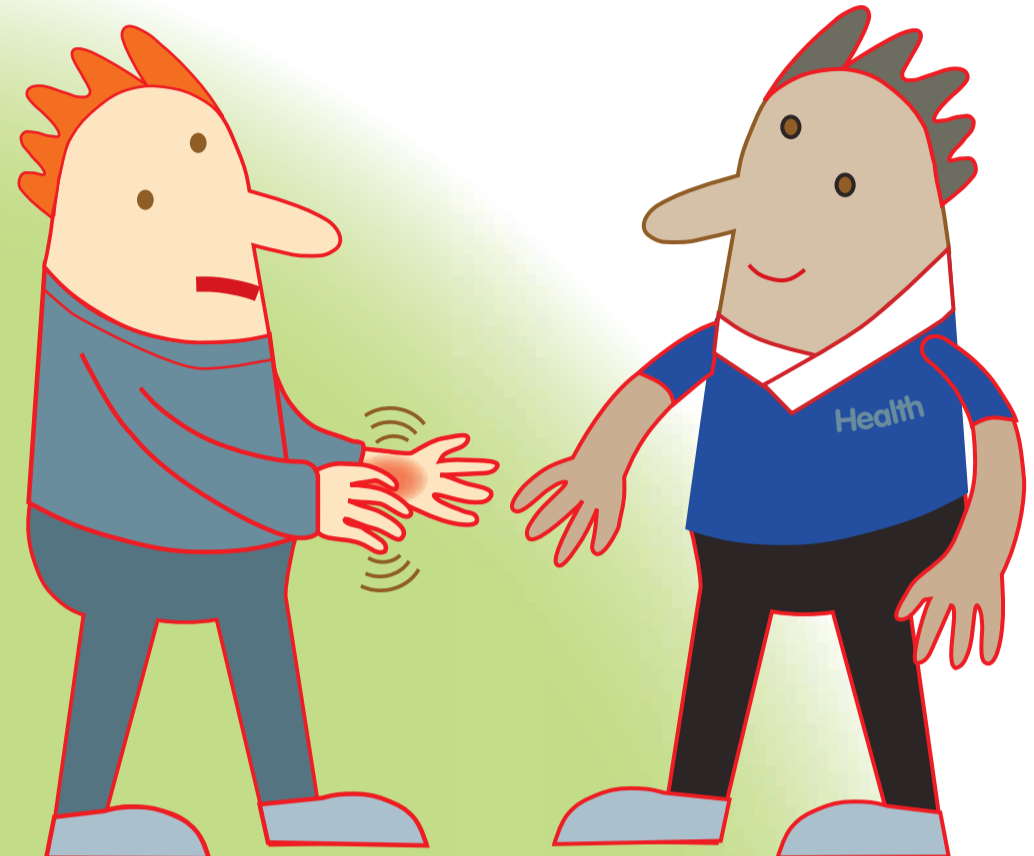
## 1 The Scabies Mite

gets under your skin and makes you scratch.



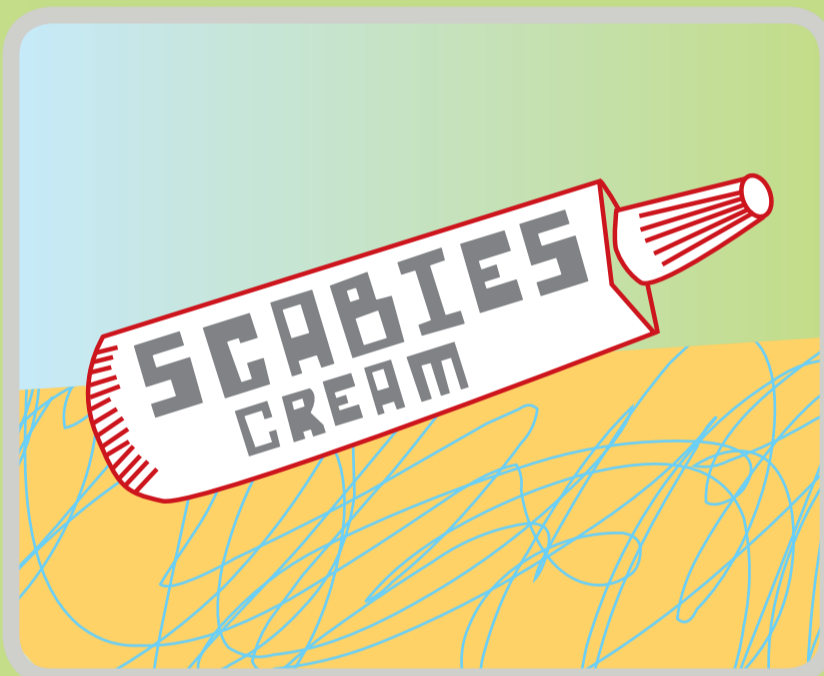
## 2

Put in a health request form (health chit) to talk to a nurse.



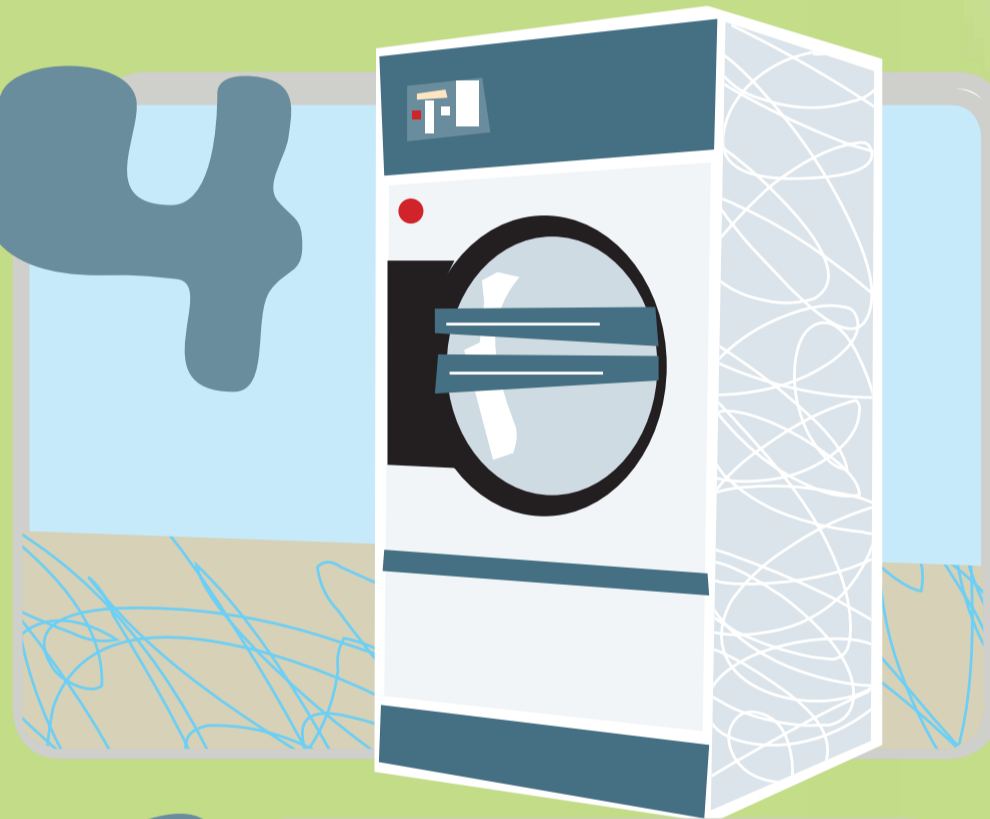
## 3

If you have scabies, the nurse gives you some cream.



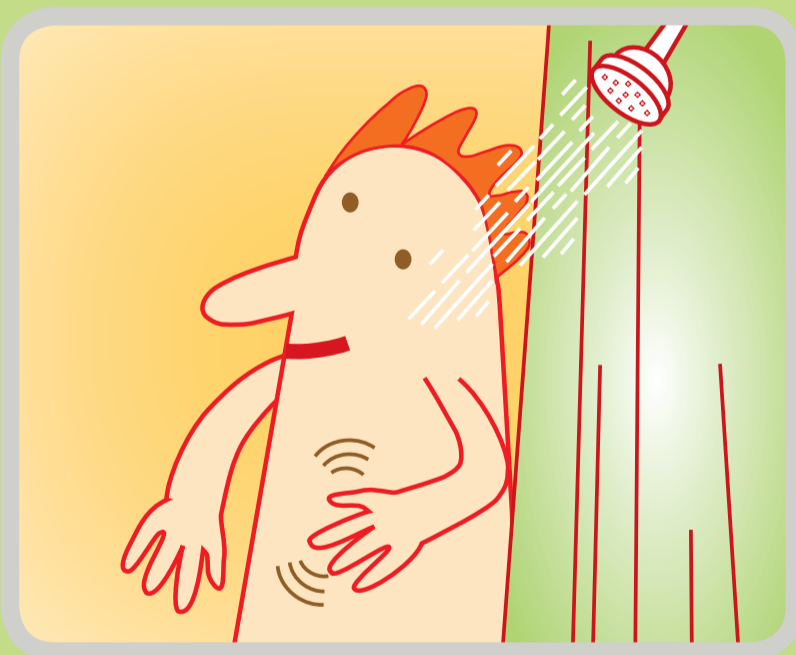
## 4

The nurse tells custody your washing needs to be done differently. (Custody are used to this, so don't worry about it.)



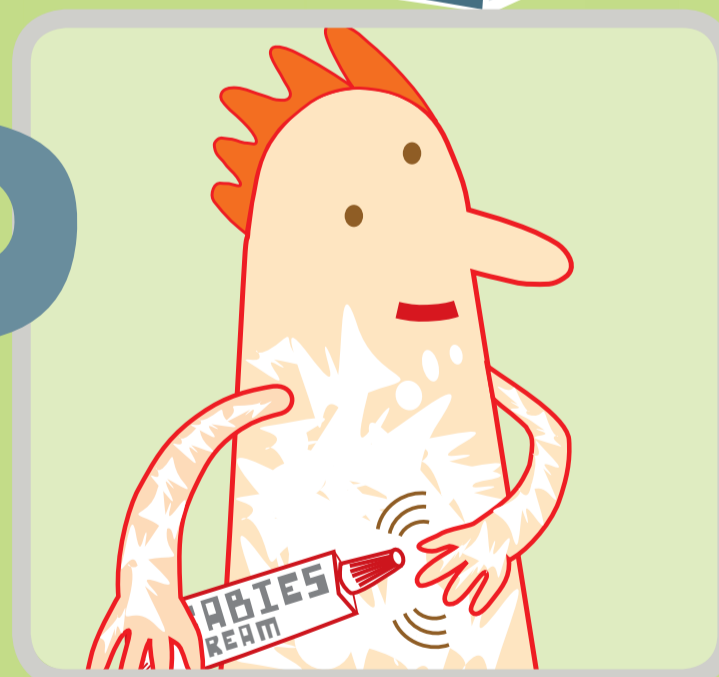
## 5

If you can, have a shower at night. Dry yourself well after the shower.



## 6

Rub the cream all over your body, from the chin down.



## 7

Put your night clothes on and go to bed.



## 8

The next morning, have a shower and put on clean clothes.

