

Tiakina o ū

Look after your breasts

*Ko tō oranga, te oranga mō tō whānau
Your wellbeing is wellbeing for your family*



**Your whānau
need you to
have regular
mammograms
every 2 years**

**BreastScreen Aotearoa is a FREE national
breastscreening programme for women aged 45–69**

**Waea atu ki
0800 270 200**
www.breastscreen.govt.nz

New Zealand Government