



My baby is
Māori and will
be **smokefree**

Mehemea e pai ana te
whenua e pai hoki ngā huaa
If the land is well,
the fruit will be good too.

For advice and support talk to your health professional, call
the Quitline 0800 778 778, text 4006 or visit www.quit.org.nz



New Zealand Government



This resource is available from www.health.govt.nz or the Authorised Provider at your local DHB.
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